



# The Rotary Club of Kampala NAMUZIGA "The Rotary Wheel"



Since May 20 1957, District 9200,

R.I Zone 20A

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The Rotary Bulletin

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## President's Message

Dear Rotarians,

We are coming to the end of the membership month and it is my hope that we have reflected on the very reason we exist and resolved to act and bolster our club in quality and quantity. The quest cannot end with the month as we all agree it is a continuous process.

We have commenced the process of starting a new Rotary club in Naalya, the first meeting is this Friday at 6 pm in Sky Hotel Naalya. Let us attend this fellowship as we extend Rotary to Naalya. It shall be a rather long process that demands our time, resources and commitment. Director Club Administration has drawn a list of ambassadors to other clubs to help in the recruitment, I kindly urge you to stand up for this noble cause.

I commend all the accountability groups for the wonderful fellowship we have enjoyed so far, it can only get better. We need to step up attendance and in particular make-ups. Our target is 80%, it is ambitious but within reach, given that we have Rotary, Rotaract, Interact fellowships and Project visits as avenues of makeup.

The website structure is ready but rather short on contents. My appeal to our senior Rotarians, Past Presidents with

photos, videos, DVDs containing past projects, Past Presidents, meetings etc to bring them and we simply copy or re-snap them. Kindly bring the photos next week.



Further to that, we need your photos to post on the website with some basic information. In this regard, please fill the members update forms. Rtn. Fred Kamya has the club camera and shall be taking snaps over the next two weeks.

Allow me in a special way to thank Rtn. Billy Ahimbisibwe for the great zeal he has shown. I was with him in the membership and grant seminars, Rotary club of Sunrise and Kampala North this week among others. PP Robert has made two presentations on membership to Rotary club of Makindye and Sunrise. We can all be ambassador of this great club and share our experiences and learn from our friends in service.

I thank you as we continue to Reach Within to Embrace Humanity.

Alfred Okot Okidi

# Nest in charge of Fellowship: Pelican A Fellowship With A Difference

Mother Pelican:

Teddy Okot Owor



Grace: Teddy Okot Owor

Loyal Toast: Sam Nsubuga

4 Way Test: Christine Kasoma

Object of Rotary: Francis Gimara

Introductions & apologies:

Announcements & Ambassadorial Reports:

Talk:

1. Rashid Musisi (Inductee)

2. State of the Economy - Rtn Prof.  
Nuwagaba

Vote of Thanks: Sam Nsubuga

Anniversaries/ Birthdays  
for the month of August: Rtn Hope  
Waira, Family of Rotary

Sergeant at Arms: John Kakitahi

Club Song: Kakembo G.

Final Toast: John Kakitahi

## THE OBJECT OF ROTARY

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and in particular to encourage and foster:

### FIRST:

The development of acquaintance as an opportunity for service.

### SECOND:

High ethical standards in business and professions, the recognition of the worthiness of all useful occupations and the dignifying of each Rotarian's occupation as an opportunity to serve society.

### THIRD:

The application of the ideal of service in each Rotarian's personal, business and community life.

### FOURTH:

The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideal of service.

### The 4 Way Test

1. Is it the truth?
2. Is it Fair to all concerned?
3. Will it build goodwill and better friendships?
4. Will it be beneficial to all concerned?

### The Grace:

For what we have received  
& are about to receive, may  
God make us truly thank-  
ful and ever mindful of the  
needs of others.

## THE ROTARY CLUB OF KAMPALA

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# Reflections on Parenting:

Rtn. Doris Mitti Kimuli



“Every month, we receive over 4,000 calls from distressed children”, was Stella’s opening statement during last week’s fellowship. Ms. Stella Ayo, Executive Director of the Uganda Child Rights NGO Network (UCRNN),

was talking to Rotarians about the **Parenting Gamble** that we are all faced with in today’s ‘dot.com’ era. According to Stella, parents are too engrossed in their careers to care, or are too autocratic in the way they handle their children.

Having and raising children has become a trial and error process, thus the Parenting Gamble. Moreover, because parents are busy chasing money and climbing up the career ladder, children have been left to their own devices, the media, and in the hands of unprofessional caretakers, who are at liberty to teach or harm these children in any way they wish. Parents have taken on ‘Sunday best parenting’ practices, in public, but resort to their ‘terrorist’ ways as soon as they get back behind the walls of their houses. Stella cautioned us to remember that whatever we do, our children are watching and learning, and that ‘opportunities lost in childhood, manifest in teen-age’. Case in point, the London riots of August 2011.

In an interesting turn of events, Stella revealed that a ‘survey’ conducted by her and President Alfred had shown that all Rotarians & guests in the room had ‘extra-marital affairs’. Shouts of “what do you mean”, “how insulting”, “what proof do you

have” rang out, as the entire house went up in flames.

In my corner, I feared that Rotarians would walk out in protest at these allegations. When Stella revealed that ‘extra-marital affairs’ were the things that we do that keep us away from home such as going to the clubs, and other after-work social activities, the sighs of relief that rent the air were palpable. One visibly distressed parent, however, refused to be referred to as a ‘terrorist’ but said, rather, that he actually lives with two little terrorists who have mastered the art of terrorising him through their mother, thus the reason for his ‘extra-marital affair’ with the bar.

And for those who claim that mothers are not doing their duty at home, Stella says, “it takes two to tangle, why should it be one to handle?”

## THE HOLDING TANK - PELICAN

Rtn. Christine Kasoma

Oh Uganda we can conserve our environment!!

Mabira forest reserve is a home to over 100 species of birds. Birds a great nature that have very pleasant looks and amazing characters.

I will take this opportunity to explore the world of one of the most interesting water birds, the Pelican, of course. Pelicans are some of the largest and heaviest birds in the world. There are more than half a dozen different Pelican species but all of them share a very unique trait. Don’t worry we will talk about that bizarre trait, soon. First, let’s learn a little more about the behavior of this large bird.

The Pelican is a social bird and as such loves hanging out with other Pelicans. A group of pelicans is known as a pod. If we could have the chance to be at sea, you would be able to see large flocks which include more than 100 Pelicans. Just think of all the photography you can get. Probably that's why the photos on today's post are so great! You would think these birds would get tired of each other since it seems like they do everything together. They nest, rest and will even hunt together – I guess there is no alone time when you are a Pelican.



Their cooperative hunting is actually pretty interesting though. A group of these enormous birds will form a line or a U-shape and force the fish into shallow waters by beating their wings on the surface. Once they are in shallow water, the Pelicans just need to scoop them up. How do they scoop them up so easily?

Well, remember that unique trait that all

Pelican species share? This is the trait that has made this bird so popular and gives them the ability to scoop up fish. Of course, I am talking about their amazing throat pouch, which plays a major role in feeding. Now there might be some rumors out there saying that the Pelican uses this pouch to store their food. Well, this is actually false, as they simply use the pouch to catch the fish, drain the water out and then proceed to swallow the fish immediately. As well, the chicks will put their beaks in the throat of their parents to get their feeding.

*Pelican Fast Fact – The American White Pelican is able to store up to 11.5 liters (3 gallons) of water in their throat pouch. I am guessing that is more than the standard 8 glasses of water we need to drink.*

I hope you all enjoyed the amazing facts of the pelican birds and will continue the fight to preserve the environment. Have a great day!

## RC Kampala Project lineup

### PP. James Serugo, Director - Service Projects

Project	Status
1. Child Education project.	Sarah Katushabe has joined the University.
2. Adopt a village project.	Proposal being written
3. Robinah Namusisi's House.	Handed over Project closed
4. Rotarians at work Project.	To take place in October 1st at Kitebi
5. New Micro-Credit project.	Memorandum of Association to be signed
6. On-going Micro-credit project at Salama-shield.	Quarterly project visit conducted in July by Rtn. Bakojja and Rtn. Father Jason Micheni.
7. Rabies Immunization in Masaka	To take place in October
8. Provision of water to Bukongo	Grants application with a Rotary Club in Italy
9. Centennial Project in Mukono	Water, well was repaired and handed over to the locals. Pending proposal for the land

# ROTARY INTERNATIONAL NEWS

## Engaging the Next Generation in Rotary

### 5 Strategies for Growing Your Club with Young Members



*(continued)*

By Michael McQueen

If you believe all you read about Generation Y, you could be forgiven for assuming that the very last thing this group would want to be a part of is Rotary. After all, aren't they the most self-absorbed, materialistic, impatient and disloyal generation of young people the world has ever seen? Much of the media would have us believe so. The other week we gave you two ideas that may help you engage the next generation as club members at a local level. Here are the other 3 ideas:

#### **3. Focus on Outcomes rather than Process**

Although both outcomes and process are two sides of the same equation, many organizations and businesses can easily fall into the trap of losing sight of why they do what they do (the outcome) and purely become focused on what they do and how they do it (the process). Over time, these historical practices get embedded in culture and become traditions, rituals or sacred cows – the things no-one dare question or change.

Naturally, young people come into organizations where there is a heavy emphasis on practices, traditions or protocols and the first question they ask is WHY? Typically there are two expressions of this question:

**a) Why do we do it that way?** Gen Y will come into your Rotary clubs & innocently ask why you ring a bell to start the meeting, why you say a Rotary grace, why the club president wears the bling around their neck, why it is called 'fellowship' and the list goes on. Of course, how you respond to the why question is of critical importance - if you dismiss it or become defensive, this young group will disengage almost immediately.

The key thing to remember is that young people's questioning of why need not be perceived as a threat or challenge to the status quo – they really do want to understand the reasons behind the way things are done. Further still, smart leaders are beginning to recognize that the question of why from young people can actually be a gift. It can be a fantastic source of innovation and often causes us to pause and reflect on historical practices to evaluate whether are still relevant.

**b) Why do we do it at all?** As a colleague once told me, people never go to the hardware store to buy a drill because they want a drill – they buy a drill because they want a hole! In the same way, young people will not be attracted to Rotary simply because they want to become a club member; they are attracted to clubs because of the benefits and outcomes that membership will lead

# 5 Strategies for Growing Your Club with Young Members

*continued...*

to. In other words, when young people ask why you exist as a Rotary club, what they are really asking is 'what are you achieving; who are you helping; how are you making an impact; what's the point?'

If local clubs are simply going through the motions of Rotary, meeting for meals once a week and achieving very little, it is highly unlikely that young people will want to join. Gen Y are action orientated - they want to know what the tangible benefits and outcomes of being a Rotarian are long before they look to make a membership commitment. Whether these benefits are for them personally or for the broader community through service projects is beside the point – what does matter is that the outcomes and purpose are explicitly clear from the outset.

## 4. Use Stories to Get Your Message Through Generation Y

are highly experience - driven - their mantra is don't tell me it is right, show me it works. As a result, if you are looking to encourage a young person to consider joining Rotary, simply giving them impressive statistics or logical reasons for becoming a member will not be enough. Rather, what will impact and inspire them most are the stories and experiences you can share of the impact Rotary has made in your life and the world at large.

When I was looking for a Rotary club to join, the deciding factors for me were not the professional caliber of the club's members, the prestige of the club, the number of Paul Harris fellows or past district governors that were members, or the quality of the food. Rather, the decision of which club to join was made easy for me the day I sat down for coffee with a local club president who spent over an hour telling me the stories of his club. He told me about inspiring service projects the club had been involved in over the years

both locally and abroad. He told me of the relationships he'd built with fellow Rotarians who were always there to lend a hand in good times and bad. As this president shared story after story of his local club, how could I help but be inspired and want to be a part of it. If you are looking to attract young people to your clubs, get good at telling your Rotary story – the facts and logic may impress them, but your stories and experience will inspire them.

## 5. Concentrate on Common Purpose not Common Interests.

One of the things that makes Rotary so unique and powerful is that way in which it's guiding purpose and core values bring together people who would otherwise have very little in common. Rotary transcends ideological, political and cultural divides in a way few organisations can.

While Rotary is very effective at building communities that bridge continents, in the coming years the challenge you face is to build communities that bridge generations too. It is highly likely that this next generation of Rotarians will look, sound and think differently to you.

With currently only 2% of Rotary's membership worldwide being under the age of 30, there is enormous room for growth in attracting the next generation of Rotarians. Young people truly do represent a huge opportunity for Rotary in the years and decades ahead. I assure you, there is a generation of passionate, talented and inspired young people in your communities who are ideally placed to join your ranks and continue the amazing work of Rotary.

However, it is up to local clubs and members to make sure they have the invitation and opportunity to do so.

# NOTICE BOARD

- President Alfred invites all Rotarians to the first fellowship of the Provisional Rotary Club of Naalya which will be held on Friday 26 August 2011, 6.30pm at Sky Hotel, Naalya. Please come with a prospective Rotarian.
- Rotary Club of Nakasero will celebrate its Charter Night on Saturday 10th September 2011 at Hotel Triangle, Buganda Road starting at 6.00pm. Cards are on sale.
- Rotary Club of Ntinda will hold a mini-marathon on 29th October 2011. Registration is UGX 10,000
- Rotaract Club of Makerere University will hold a Medical Outreach at Mulago Children's ward on 22nd October 2011. The Club appeals to all Rotarians to support the project by buying a mosquito net or donating funds.

## Celebrations

### Birthdays

- 4<sup>th</sup> Aug – Flavia Miiro
- 9<sup>th</sup> Aug – Harriet Muwanga
- 24<sup>th</sup> Aug – Christine Kasoma  
– Sheena Namitala Ntege

### Wedding Anniversaries

- 3<sup>rd</sup> August – Shem & Peace  
Nnaggenda
- – Sheena Nimatala Ntege

### WEEKLY ATTENDANCE REPORT

Date: 18<sup>th</sup> August, 2011

1. Visiting Rotarians: 18
2. Rotaractors: 11
3. Guests : 11
4. Members Present 41
5. Percentage 65%

Visiting Clubs: Kampala Ssesse, Nakasero, South, Kibuli, Kiwatule, Wobulenzi, Kyengera, Ntinda, Rubaga, Ggaba, Portbell, Nansana

### NEST IN CHARGE OF NEXT FELLOWSHIP

1<sup>st</sup> September, 2011 : Peewit

Mother Peewit : Rtn May  
Kwesiga

Nestlings:

Rtn Sherry, Rtn Hope,  
PP Edward, Rtn Kasiita,  
PP Robert, Rtn Kiddu,  
Rtn Mudoola, Rtn Avitas.

### Entertainment Corner

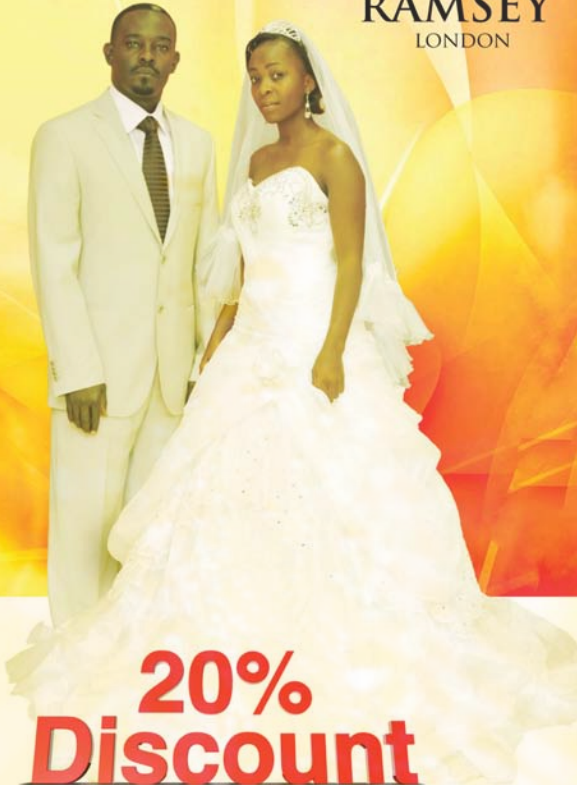
1. If time doesn't wait for you, don't worry! Just remove the damn battery from the clock and Enjoy life!
2. Expecting the world to treat u fairly coz u r a good person is like expecting the lion not to attack u coz u r a vegetarian . Think about it .
3. Beauty isn't measured by outer appearance and what clothes we wear, but what we are inside . So, try going out naked tomorrow and see the Admiration!
4. Don't walk as if you rule the world, walk as if you don't care who rules the world! That's called Attitude . Keep on rocking!

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## The Rotary Club of Kampala Song

We the Rotary Club  
of Kampala  
Let us join our hands  
And raise one banner  
together

We shall all reach  
our goals

We pay homage to  
our cultures

Thoughts, deeds,  
unite us all

Let us ever toil in  
unity

Gracious Lord, we  
thank you

Composed by  
Rtn. James Galabuzi  
Mukasa

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19th - 21st April 2012  
KICC, Nairobi, Kenya