



The Rotary Club of Kampala

NAMUZIGA "The Rotary Wheel"

Vocational Service Month



Since May 20 1957, District 9200,

R.I Zone 20A

E: board@kampalarotary.org/@: www.kampalarotary.org

The Rotary Bulletin

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Messgae from President



Dear Rotarians and Guests

This week we shall formally admit Mr. Rashid Musisi as a Rotarian of the Rotary Club of Kampala; it is a premium addition to the club and Rotary. Join me as we welcome Rashid the banker into our Club.

It is also our privilege to host the Country Chair for Vocational Service Rotarian Nsiyona today.

This month we are reflecting on a key avenue of service; the one that defines us as Rotarians and is personified in the Four Way Test. So many times we have been submerged in our vocations and professions at the expense of other things that matter in life. Let us use this month and what we shall hear from our various speakers to reflect on this core avenue of service.

Alfred Okot Okidi

DG'S Message For October

By DG Eric Kimani

Our Vocation is our Passport in Rotary

My dear Rotarians and Friends,

Celebrating and recognizing the Vocational Service Month encourages us to re-look at the very core of our membership in Rotary. We must remember that as Rotarians we must walk the talk of high ethical behavior in our vocations and all our business and professional dealings.

In the words of past Rotary International President Jonathan Majiabye; "Vocational Service is one of the key elements that distinguish Rotary from other service organizations! And upholding high ethical standards, the cornerstone of Vocational Service, has become increasingly important in today's climate of business corruption and scandals."

The key to the Declaration of Rotarians in Business and Professions is using our vocation as an opportunity to serve. During my many visits so far to various clubs in our district, I have come across a few club meetings where, besides reciting the four-way test, they also recite the objects of Rotary where the use of our vocations as a basis of worthy enterprise is emphasized.



Nest in charge of Fellowship: Pigeon A Fellowship With A Difference

Mother Pigeon:

Grace: **Daisy Wanyana**

Loyal Toast: **Andrew Ntegeka**

4 Way Test: **Robert Ahimbisibwe**

Object of Rotary: **Joseph Sebugenyi**

Introductions, apologies

Announcements & Ambassadorial Reports:

Programme:

1. **Talk by Inductee Rashid Musisi, Centenary Bank**
2. **Theme Talk by Rtn. Sam Nsiyona, Country Chair- Vocational Service**
3. **Recognition of Rotarian and Nest of the Month of September**

Vote of Thanks: **Frank Nyanzi**

Sergeant at Arms: **Ethan Musolini**

Club Song: **Kakembo G.**

Final Toast: **Stephen Lwanga**



Annah Rutebuka

THE OBJECT OF ROTARY

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and in particular to encourage and foster:

FIRST:

The development of acquaintance as an opportunity for service.

SECOND:

High ethical standards in business and professions, the recognition of the worthiness of all useful occupations and the dignifying of each Rotarian's occupation as an opportunity to serve society.

THIRD:

The application of the ideal of service in each Rotarian's personal, business and community life.

FOURTH:

The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideal of service.

The 4 Way Test

1. Is it the truth?
2. Is it Fair to all concerned?
3. Will it build goodwill and better friendships?
4. Will it be beneficial to all concerned?

The Grace:

For what we have received & are about to receive, may God make us truly thankful and ever mindful of the needs of others.

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Our Vocation is our Passport in Rotary

By DG Eric Kimani

...Continued from pg.1

To celebrate October as Vocational Service month, I urge you to consider doing one or more of the following:

- Mentor and/or job-shadow younger men and women
- Visit a work place of one of your Rotarians as a group- this not only makes great family of rotary fellowship but could be an opportunity to attract members to rotary
- Consider printing and laminating the four-way test and the declaration of Rotarians and distribute these to your members for display in their places of work and/or homes
- Consider a career talk by your Rotarians to young people where each Rotarian may present their careers.
- Consider a debate on the four-way test and high ethical behavior. You may invite Rotarians and non-Rotarian particularly those we target for membership to such debates .Invite a speaker to speak on

the classification system in Rotary. You may consider inviting the country or District Vocational Service Chair (majid@aboogroup.com) as a speaker your Country Vocational Chair.

- Consider a Vocational Service Award to recognize young entrepreneurs or achievers.
- Hold a seminar for small business owners to impart some of your vocational experiences and you may invite outsiders as well.
- I encourage clubs to share what they are doing with others in the district through our website by posting items through the editorial board (editorialboard@rotary9200.org) I have asked the editorial board to select one of the write-ups for special recognition.

These are just ideas that clubs may adopt to their circumstances but I appeal to each club to do something that has a bearing on vocational service this month as we Reach Within to Embrace Humanity.

THE GLOBAL HANDWASHING CAMPAIGN – OCTOBER 15 WASHING WITH WATER ALONE IS NOT ENOUGH

Have you washed your hands with soap today?

Washing hands with water alone, a more common practice is significantly less effective than washing hands with soap.

Using soap adds to the time spent washing, breaks down the grease and dirt that carry most germs by facilitating the rubbing and friction that dislodge them and leaves hands smelling pleasant.

The clean smell and feeling that soap creates is an incentive for its use.

The **Rotaract Club of Kampala City** invites you to wash your hands with soap and enjoy the comfort of clean, pleasant hands!

GO ON, TRY IT!

A friend sent me the message below that I want to share with you as we reflect on this core avenue of service. – Alfred Okot Okidi

MAYONNAISE JAR AND TWO CUPS OF COFFEE

A professor stood before his philosophy class and had some items in front of him.

When the class began, wordlessly, He picked up a very large and empty mayonnaise jar And proceeded to fill it with golf balls. He then asked the students, if the jar was full. They agreed that it was.

The professor then picked up a box of pebbles and poured them into the jar. He shook the jar lightly. The pebbles rolled into the open areas between the golf balls. He then asked the students again if the jar was full... They agreed it was.

The professor next picked up a box of sand and poured it into the jar. Of course, the sand filled up everything else. He asked once more if the jar was full. The students responded with a unanimous ‘yes.’

The professor then produced two cups of coffee from under the table and poured the entire contents into the jar, effectively filling the empty space between the sand. The students laughed.

‘Now,’ said the professor, as the laughter subsided, ‘I want you to recognize that this jar represents your life... The golf balls are the most important things - family, children, health, Friends,

and Favorite passions – Things that if everything else was lost and only they remained, Your life would still be full.

The pebbles are the other things that matter like your job, house, and car. The sand is everything else --The small stuff.

‘If you put the sand into the jar first,’ He continued, there is no room for the pebbles or the golf balls. The same goes for life. If you spend all your time and energy on the small stuff, You will never have room for the things that are important to you. So... Pay attention to the things that are critical to your happiness. Play

With your children. Take time to get medical checkups. Take your partner out to dinner. There will always be time to clean the house and fix the disposal. ‘Take care of the golf balls first -- The things that really matter. Set your priorities. The rest is just sand.’

One of the students raised her hand and inquired what the coffee represented.. The professor smiled. ‘I’m glad you asked’. It just goes to show you that no matter how full your life may seem, there’s always room for a couple of cups of coffee with a friend.’

Please share this with other “Golf Balls” I just did...



THOUGHT OF THE WEEK:

By Dr. Robert K. Rutaagi

THE ENIGMA OF UNITY AND DUALITY OF LIFE:



In science, I am told that when matter is progressively broken down, from the biggest to the infinitesimal, one thing is achieved – **ENERGY** and or **UNITY** (the Unified Field) [inexact hypothesis excused]. Quantum physics, goes on to postulate that, all life is subject to this scientific law of nature. Theology, I am also told, that the whole spiritual concept of Faith, God and Salvation is in harmony with the scientist's quantum physics findings.

Therefore, for the time being, science and religion seem to have found some kind of convergence point in the unified field. What remains now is sorting out the semantics and nomenclature before comfortably sharing the same pulpit, laboratory or whatever debate.

Then, in terms of duality of life (forget: day or night, man or woman, yes or no...), I am told that most, if not all, scientific laws, in general, and ICT theories and applications, in particular, revolve around the binary principle of zero (0) and or one (01).

Wow!!! That is perplexing for an unscientific or unsophisticated mind like this author's!

Where do I begin or end? Can you imagine that all industrial robots and machinery, like the aeroplane, the computer, the car, radio and TV, the telephone, stethoscope, microscope, reproductive processes, human thinking, laughter, love, hate, salvation etc, all revolve around **energy, unity** and the **binary** principle? Surely, there must be quite a lot to think, talk, write or, simply, speculate about (Guys: Mwenda, Muniini, Obbo, Karooro, Tacca, Buwembo, Opondo, Oloya, Byaruhanga, Kalyegira, Sengoba, Golooba...). Let me digress a little with these rhetorical but poignant questions:

Why should a tadpole safely swim to the depths of lake Nalubale (Victoria) but a man, made in the image of God (Genesis 1:26) drowns in the same lake?

Why should Kanyamunyu, the bird, without elementary certificate in aeronautical engineering, safely navigate the air and a man with a PhD in aeronautical Engineering, from Harvard University, fails to perform the same feat?

Why should Nelson Mandela heroically liberate South Africa from apartheid but fail to liberate for, himself, Winnie from a hooligan youth?

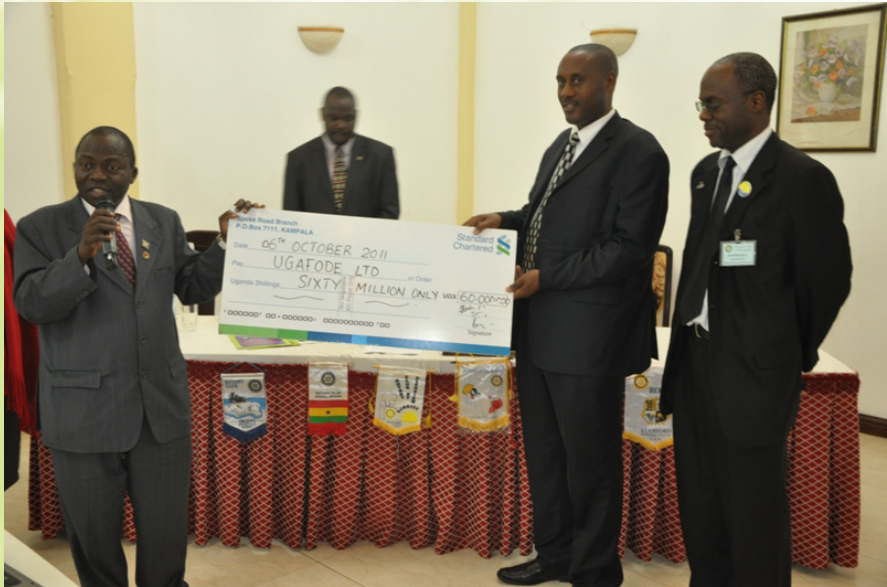
Why should Benny Hinn's prayer heal a blind man but fail to save his marriage and a little known and poor village couple enjoys a blissful marriage but Tiger Woods cannot, despite the fame and wealth?

The Rotary Week - Photo Gallery

Club Secretary Gala, was the guest speaker at the Rotary Club of Kampala Sseese Islands



IPDG, Stephen Mwanje hands over a UGX 60 Million cheque to UGAFODE, the Partner organization to RC Kampala that will run a Microcredit scheme in Western Uganda in Ntungamo, Rukungiri and Kanungu Districts



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NOTICE BOARD

Upcoming Events

Date	Event
	Juna Amagara is in a bid to raise US\$ 200,000 to construct a Primary School at Kashanje Village.
Sat 15 October	Break-a-leg” Challenge – Organised by Rotaract Kampala Central (ROCK) at Club Rouge starting at 1.00pm. Cards cost UGX 10,000
Sat 22 October	Cancelled: Rotarians at Work Day at Kitebi Health Centre
Sat 29 October	Rotaract Club of Makerere University will hold a Medical Outreach at Mulago Children’s ward. The Club appeals to all Rotarians to support the project by buying a mosquito net or donating funds.
Fri 21-Sun 23 October	Rotaract Kampala Ssesse Islands annual project at Serinya Primary School at the Islands. Fee, UGX 100,000 inclusive of transport, accommodation and food. There will be an after project party and the launch of the Kampala Ssesse Book.
Sat 29 October	Rotaract Club of Ntinda will hold a Charity mini-marathon starting at Ntinda Primary School. Registration is UGX 5,000

Wisdom Tips

WORK

“Work is love made visible. And if you cannot work with love but only with distaste, it is better that you should leave your work and sit at the gate of the temple and take alms of those who work with joy.” Kahlil Gibran

EXPECTATION AND DISAPPOINTMENT

When you realize your expectations are selfish, then you will know whom to blame your disappointments on.

LIVING HAPPILY

A perfect marriage is not one that’s problem-free, it is one that manages and solves problems wisely.

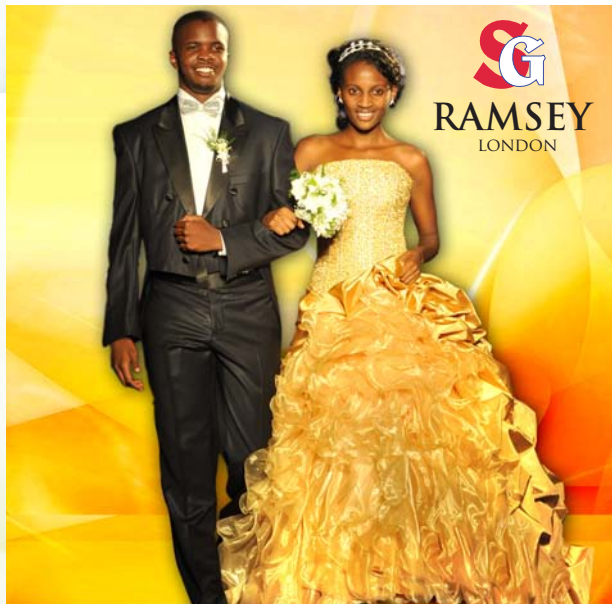
FAILURE IS NEVER FINAL

Success is never ending, failure is never final. Dr. Robert Schuller

THE STRONGEST

The strongest oak of the forest is not the one that is protected from the storm and hidden from the sun. It is the one that stands in the open where it is compelled to struggle for existence against the winds and rains and the scorching sun. Napoleon Hill

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The Rotary Club of Kampala Song

We the Rotary
Club of Kampala
Let us join
our hands
And raise one
banner together
We shall all
reach our goals

We pay homage
to our cultures
Thoughts,
deeds,
unite us all
Let us ever
toil in unity
Gracious Lord,
we thank you

*Composed by
Rtn. James Galabuzi Mukasa*

Weekly attendance Report

Date: 06 Oct 2011

1. Visiting Rotarians:	12
2. Rotaractors:	18
3. Guests :	9
4. Members Present	43
5. Percentage	67%

NEST IN CHARGE OF NEXT FELLOWSHIP

20 October, 2011 : Peewit

Mother Peewit : Rtn May Kwesiga

Nestlings: Rtn. Sherry, Rtn. Hope, PP.
Edward, Rtn. Kasiita, PP Robert, Rtn.
Kiddu, Rtn. Mudoola, Rtn. Avitas